


Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 Fitness 10:30 AM	3 Dance & Strength 9 AM Beginner Crochet 10:30 AM Chair Pilates 1 PM	4 Zumba Gold 10 AM Line Dancing 11:15 AM	5 Dance & Strength 9 AM Brunch & Learn 11 AM Tai Chi 1:30 PM	6
8 Strength Training 9 AM	9 Fitness 10:30 AM	10 Dance & Strength 9 AM Chair Pilates 1 PM	11 Zumba Gold 10 AM Line Dancing 11:15 AM	12 Dance & Strength 9 AM Chair Yoga 1:30 PM	13
15 Strength Training 9 AM Pollinator Workshop 1 PM	16 Fitness 10:30 AM Guac Around the World 1 PM 	17 Beginner Crochet 10:30 AM Chair Pilates 1 PM	18 Zumba Gold 10 AM Line Dancing 11:15 AM	19 Lunch & Learn 11 AM Meditation 1:30 PM	20
22 Strength Training 9 AM Fall Movie Day 11 AM	23 Fitness 10:30 AM	24 Chair Pilates 1 PM	25 Zumba Gold 10 AM Line Dancing 11:15 AM	26 Tai Chi 1:30 PM	27
29 Strength Training 9 AM September Birthday & Movie Day 11:00 AM	30 Fitness 10:30 AM Painting Class 1 PM				

**Please be advised that two or more Council Members may be in attendance.**

To register, please visit <https://myactivecenter.com/activities/5899:1>. For questions, please contact Paola Perez at (786) 205-5427 or email at [pperez@cutlerbay-fl.gov](mailto:pperez@cutlerbay-fl.gov).

All classes will be at Franjo Park | 20175 Franjo Rd. Cutler Bay, FL except classes coated in **ORANGE**

Classes marked with this color will be held at the location listed below:

Cutler Bay Town Center | Council Chambers (1st floor)

10720 Caribbean Blvd. Cutler Bay, FL