



# June 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Strength Training 9 AM Zumba Gold 10 AM Mall Walk 11:30 AM (Southland Mall) Chair Yoga 2 PM	2 Barre 9 AM Fitness 10:30 AM Rhythm Boxing 11:30 AM Movie & Birthday Bash 1 PM	3 Dance Fitness 9 AM Fitness 10:30 AM T-Shirt Design 12 PM Chair Pilates 1:15 PM	4 Core & Strength 9 AM Zumba Gold 10 AM Line Dancing 11:15 AM Mall Walking (Southland Mall) 12:30 PM Summer Movie Day 1 PM	5 Dance Fitness 9 AM Beginner Crochet 10:30 AM Tai Chi 1:30 PM Gentle Mat Yoga 2:30 PM	6 Mall Walking 12:30 PM (Southland Mall)
8 Strength Training 9 AM Zumba Gold 10 AM Mall Walk 11:30 AM (Southland Mall) Chair Yoga 2 PM	9 Barre 9 AM Fitness 10:30 AM Rhythm Boxing 11:30 AM Pollinator Workshop 1 PM	10 Dance Fitness 9 AM Fitness 10:30 AM Art Class 12 PM Chair Pilates 1:15 PM	11 Core & Strength 9 AM Zumba Gold 10 AM Line Dancing 11:15 AM Mall Walking (Southland Mall) 12:30 PM	12 Dance Fitness 9 AM Beginner Crochet 10:30 AM Drum Circle 12 PM Meditation 1:30 PM Gentle Mat Yoga 2:30 PM	13 Mall Walking 12:30 PM (Southland Mall)
15 Strength Training 9 AM Zumba Gold 10 AM Mall Walk 11:30 AM (Southland Mall) Chair Yoga 2 PM	16 Barre 9 AM Fitness 10:30 AM Rhythm Boxing 11:30 AM	17 Dance Fitness 9 AM Fitness 10:30 AM Beginner Crochet 12 PM Chair Pilates 1:15 PM	18 Core & Strength 9 AM Zumba Gold 10 AM Line Dancing 11:15 AM Mall Walking (Southland Mall) 12:30 PM	19	20 Mall Walking 12:30 PM (Southland Mall)
22 Strength Training 9 AM Zumba Gold 10 AM Mall Walk 11:30 AM (Southland Mall) Chair Yoga 2 PM	23 Barre 9 AM Fitness 10:30 AM Rhythm Boxing 11:30 AM Father's Day Picnic 1 PM	24 Dance Fitness 9 AM Fitness 10:30 AM Beginner Crochet 12 PM Chair Pilates 1:15 PM	25 Core & Strength 9 AM Zumba Gold 10 AM Line Dancing 11:15 AM Mall Walking (Southland Mall) 12:30 PM Pollinator Workshop 1 PM	26 Dance Fitness 9 AM Shred-A-Thon 10 AM Brunch & Bingo 11 AM Tai Chi 1:30 PM Gentle Mat Yoga 2:30 PM	27 Mall Walking 12:30 PM (Southland Mall)
29 Strength Training 9 AM Zumba Gold 10 AM Mall Walk 11:30 AM (Southland Mall) Chair Yoga 2 PM	30 Barre 9 AM Fitness 10:30 AM Rhythm Boxing 11:30 AM Pollinator Workshop 1 PM				

**Please be advised that two or more Council Members may be in attendance.**

To register, please visit <https://myactivecenter.com/activities/5899:1>. For questions, please contact Paola Perez at (786) 205-5427 or email at [pperez@cutlerbay-fl.gov](mailto:pperez@cutlerbay-fl.gov).

Classes marked with this color will take place at Franjo Park | 20175 Franjo Road, Cutler Bay, FL. 33189  
All classes will be at the Cutler Bay Town Center until June 12, 2026 | 10720 Caribbean Blvd. Cutler Bay, FL 33189