



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5
	Fitness 10:30 AM	Dance & Strength 9 AM Chair Pilates 1 PM	Zumba Gold 10 AM Line Dancing 11:15 AM		
7	8	9	10	11	12
Strength Training 9 AM Game Day 10:30 AM	Fitness 10:30 AM	Dance & Strength 9 AM World Fashion Movie Day 10:30 AM Chair Pilates 1 PM	Zumba Gold 10 AM Line Dancing 11:15 AM	Dance & Strength 9 AM Tai Chi 1:30 PM	
14	15	16	17	18	19
Strength Training 9 AM Game Day 10:30 AM	Fitness 10:30 AM Rock Painting 1 PM	Dance & Strength 9 AM Chair Pilates 1 PM	Zumba Gold 10 AM Line Dancing 11:15 AM	Dance & Strength 9 AM Chair Yoga 1:30 PM	
21	22	23	24	25	26
Strength Training 9 AM Game Day 10:30 AM	Fitness 10:30 AM	Dance & Strength 9 AM Chair Pilates 1 PM	Zumba Gold 10 AM Line Dancing 11:15 AM	Dance & Strength 9 AM Lunch & Learn 11 AM Meditation 1:30 PM	
28	29	30	31		
Strength Training 9 AM Christmas in July Movie & Birthday Bash 10:30 AM	Fitness 10:30 AM	Dance & Strength 9 AM Wellness Wednesday 11 AM Chair Pilates 1 PM	Zumba Gold 10 AM Line Dancing 11:15 AM		

Please be advised that two or more Council Members may be in attendance.

Please contact Paola Perez at pperez@cutlerbay-fl.gov or (786) 205-5427 to RSVP.

All classes will be at Franjo Park | 20175 Franjo Rd. Cutler Bay, FL except classes coated in **ORANGE**

Classes marked with this color will be held at the location listed below:

Cutler Bay Town Center | Council Chambers (1st floor)

10720 Caribbean Blvd. Cutler Bay, FL

