



April 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			1	2	3	4
		Dance Fitness 9 AM Fairchild Botanic Garden Field Trip 10 AM *REGISTRATION IS REQUIRED Fitness 10:30 AM Chair Pilates 1:15 PM	Core & Strength 9 AM Zumba Gold 10 AM Line Dancing 11:15 AM Mall Walking 12:30 PM (Mall) Dream in Green Workshop 1 PM	Indoor Field Day 10 AM Tai Chi 1:30 PM		
6	7	8	9	10	11	
Strength Training 9 AM Zumba Gold 10 AM Mall Walk 11:30 AM (Southland Mall) Chair Yoga 2 PM	Barre 9 AM Fitness 10:30 AM Nutrition Workshop 12 PM by Jay Pesi	Dance Fitness 9 AM Fitness 10:30 AM Chair Pilates 1:15 PM	Core & Strength 9 AM Zumba Gold 10 AM Line Dancing 11:15 AM Mall Walking 12:30 PM (Mall)	Dance Fitness 9 AM Beginner Crochet 10:30 AM Pollinator Workshop 12 PM Meditation 1:30 PM		
13	14	15	16	17	18	
Strength Training 9 AM Zumba Gold 10 AM Mall Walk 11:30 AM (Southland Mall) Chair Yoga 2 PM	Fitness 10:45 AM Movie & Birthday Bash 1 PM	Dance Fitness 9 AM Fitness 10:30 AM Chair Pilates 1:15 PM	Core & Strength 9 AM Zumba Gold 10 AM Line Dancing 11:15 AM Mall Walking 12:30 PM (Southland Mall)	Dance Fitness 9 AM Lunch & Learn 11 AM (Franjo) Tai Chi 1:30 PM		
20	21	22	23	24	25	
Strength Training 9 AM Zumba Gold 10 AM Mall Walk 11:30 AM (Southland Mall) Chair Yoga 2 PM	Barre 9 AM Fitness 10:30 AM Beginner Crochet 12 PM T-Shirt Design 1 PM	Outdoor Fitness 10:30 AM <i>Lakes by the Bay</i> Chair Pilates 1:15 PM	Core & Strength 9 AM Zumba Gold 10 AM Line Dancing 11:15 AM Mall Walking 12:30 PM (Southland Mall)	Dance Fitness 9 AM Rhythym Boxing 10 AM Drum Circle 11 AM Meditation 1:30 PM		
27	28	29	30			
Strength Training 9 AM Zumba Gold 10 AM Mall Walk 11:30 AM (Southland Mall) Chair Yoga 2 PM	Barre 9 AM Fitness 10:30 AM Pollinator Workshop 12 PM	Dance Fitness 9 AM Fitness 10:30 AM Chair Pilates 1:15 PM	Core & Strength 9 AM Zumba Gold 10 AM Line Dancing 11:15 AM Mall Walking 12:30 PM (Southland Mall)			

Please be advised that two or more Council Members may be in attendance.

To register, please visit <https://myactivecenter.com/activities/5899:1>. For questions, please contact Paola Perez at (786) 205-5427 or email at pperez@cutlerbay-fl.gov.

All classes will be at the Cutler Bay Town Center for April 2026 | 10720 Caribbean Blvd. Cutler Bay, FL 33189