



# February 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	2 Strength Training 9 AM Zumba Gold 10 AM Mall Walk 12 PM (Southland Mall) Chair Yoga 2 PM	3 Barre 9 AM Fitness 10:30 AM Pollinator Workshop 12 PM	4 Fitness 10:30 AM Chair Pilates 1:15 PM	5 Zumba Gold 10 AM Line Dancing 11:15 AM Mall Walking 1 PM (Southland Mall)	6 Masquerade Ball REGISTRATION IS REQUIRED	7
	9 Strength Training 9 AM Zumba Gold 10 AM Mall Walk 12 PM (Southland Mall) Chair Yoga 2 PM	10 Barre 9 AM Fitness 10:30 AM Clay Art 1 PM	11 Fitness 10:30 AM	12 Mall Walking 1 PM (Southland Mall)	13 Beginner Crochet 12 PM Tai Chi 1:30 PM	14
16 	17 Barre 9 AM Fitness 10:30 AM Movie & Birthday Bash 12 PM	18 Pollinator Workshop 11:30 AM Chair Pilates 1:15 PM	19 Zumba Gold 10 AM Line Dancing 11:15 AM Mall Walking 1 PM (Southland Mall)	20 Dance & Strength 9 AM Lunch & Learn 11 AM Cutler Ridge Park Meditation 1:30 PM		21
23 Strength Training 9 AM Zumba Gold 10 AM Mall Walk 12 PM (Southland Mall) Chair Yoga 2 PM	24 Barre 9 AM Fitness 10:30 AM Beginner Crochet 12 PM	25 Dance & Strength 9 AM Fitness 10:30 AM Chair Pilates 1:15 PM	26 Zumba Gold 10 AM Line Dancing 11:15 AM Mall Walking 1 PM (Southland Mall)	27 Dance & Strength 9 AM Tai Chi 1:30 PM		28

**Please be advised that two or more Council Members may be in attendance.**

To register, please visit <https://myactivecenter.com/activities/5899:1>. For questions, please contact Paola Perez at (786) 205-5427 or email at [pperez@cutlerbay-fl.gov](mailto:pperez@cutlerbay-fl.gov).

All classes will be at the Cutler Bay Town Center for February 2026 | 10720 Caribbean Blvd. Cutler Bay, FL 33189