

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		31	1	2	3
		New Year's Eve	2026	Tai Chi 1:30 PM	
5	6	7	8	9	10
Strength Training 9 AM Zumba Gold 10 AM Mall Walk 12 PM (Southland Mall) Chair Yoga 2 PM	Barre 9 AM Fitness 10:30 AM	Dance & Strength 9 AM Fitness 10:30 AM Chair Pilates 1:15 PM	Zumba Gold 10 AM Line Dancing 11:15 AM	Dance & Strength 9 AM Beginner Crochet 10:30 AM Pollinator Workshop 12 PM Meditation 1:30 PM	
12	13	14	15	16	17
Strength Training 9 AM Zumba Gold 10 AM Mall Walk 12 PM (Southland Mall) Chair Yoga 2 PM	Barre 9 AM Zoo Miami Field Trip 10 AM Fitness 10:30 AM	Brunch & Learn 11 AM at <i>Encompass Health</i> Chair Pilates 1:15 PM	Zumba Gold 10 AM Line Dancing 11:15 AM	Dance & Strength 9 AM Beginner Crochet 10:30 AM Tai Chi 1:30 PM	
19	20	21	22	23	24
	Barre 9 AM Fitness 10:30 AM	Dance & Strength 9 AM Fitness 10:30 AM Chair Pilates 1:15 PM	Zumba Gold 10 AM Line Dancing 11:15 AM	Dance & Strength 9 AM Meditation 1:30 PM	Chili Cook-Off 2 PM - 6 PM Cutler Ridge Park
26	27	28	29	30	31
Strength Training 9 AM Zumba Gold 10 AM Mall Walk 12 PM (Southland Mall) Chair Yoga 2 PM	Barre 9 AM Fitness 10:30 AM Movie & Birthday Bash 1 PM	Dance & Strength 9 AM Fitness 10:30 AM Chair Pilates 1:15 PM	Zumba Gold 10 AM Line Dancing 11:15 AM	Tai Chi 1:30 PM	

**Please be advised that two or more Council Members may be in attendance.**

To register, please visit <https://myactivecenter.com/activities/5899:1>. For questions, please contact Paola Perez at (786) 205-5427 or email at [pperez@cutlerbay-fl.gov](mailto:pperez@cutlerbay-fl.gov).

All classes will be at the Cutler Bay Town Center for January 2026 | 10720 Caribbean Blvd. Cutler Bay, FL 33189