





Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6
Strength Training 9 AM Zumba Gold 10 AM Mall Walk 12 PM (Southland Mall) Chair Yoga 2 PM	Barre 9 AM Fitness 10:30 AM Ugly Holiday T-Shirt Design 1 PM	Dance & Strength 9 AM Comedy & Cocoa 1 PM	Zumba Gold 10 AM Line Dancing 11:15 AM	Dance & Strength 9 AM Lunch & Learn 11 AM Tai Chi 1:30 PM	
8	9	10	11	12	13
Mall Walk 12 PM (Southland Mall) Chair Yoga 2 PM	Game Day 10 AM	Dance & Strength 9 AM	Zumba Gold 10 AM Line Dancing 11:15 AM	Dance & Strength 9 AM Beginner Crochet 10:30 AM Meditation 1:30 PM	Holiday Celebration & Golf Cart Parade 6 PM - 10 PM Cutler Ridge Park
15	16	17	18	19	20
Strength Training 9 AM Zumba Gold 10 AM Ailey Dance Workshop 11:15 AM Mall Walk 12 PM (Southland Mall) Chair Yoga 2 PM	Barre 9 AM Fitness 10:30 AM Holiday Movie & Birthday Bash 12 PM	Dance & Strength 9 AM Fitness 10:30 AM Wellness Wednesday 11 AM Chair Pilates 1:15 PM	Zumba Gold 10 AM Line Dancing 11:15 AM	Dance & Strength 9 AM Lunch & Learn 11 AM Tai Chi 1:30 PM	
22	23	24	25	26	27
Strength Training 9 AM Zumba Gold 10 AM Mall Walk 12 PM (Southland Mall) Chair Yoga 2 PM	Fitness 10:30 AM	Christmas Eve 	Happy holidays 	Meditation 1:30 PM	
29	30	31			
Strength Training 9 AM Zumba Gold 10 AM Mall Walk 12 PM (Southland Mall) Chair Yoga 2 PM	Barre 9 AM Fitness 10:30 AM Beginner Crochet 11:30 AM	New Year's Eve 	2026 		

**Please be advised that two or more Council Members may be in attendance.**

To register, please visit <https://myactivecenter.com/activities/5899:1>. For questions, please contact Paola Perez at (786) 205-5427 or email at [pperez@cutlerbay-fl.gov](mailto:pperez@cutlerbay-fl.gov).

All classes will be at Franjo Park | 20175 Franjo Rd. Cutler Bay, FL except classes coated in **ORANGE**

Classes marked with this color will be held at the location listed below:

Cutler Bay Town Center | Council Chambers (1st floor)

10720 Caribbean Blvd. Cutler Bay, FL