

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8
Strength Training 9 AM Zumba Gold 10 AM Mall Walk 12 PM (Southland Mall) Chair Yoga 2 PM	Barre 9 AM Fitness 10:30 AM Game Day 1 PM	Dance & Strength 9 AM Fitness 10:30 AM Beginner Crochet 11:30 AM Chair Pilates 1:15 PM	Zumba Gold 10 AM Line Dancing 11:15 AM	Dance & Strength 9 AM Tai Chi 1:30 PM	 Cutler Ridge Park 4 PM - 8 PM
10	11	12	13	14	15
Mall Walk 12 PM (Southland Mall) Chair Yoga 2 PM		Dance & Strength 9 AM Fitness 10:30 AM Chair Pilates 1:15 PM	Zumba Gold 10 AM Line Dancing 11:15 AM	Dance & Strength 9 AM Meditation 1:30 PM	
17	18	19	20	21	22
Strength Training 9 AM Zumba Gold 10 AM Mall Walk 12 PM (Southland Mall) Chair Yoga 2 PM	Barre 9 AM Fitness 10:30 AM	Dance & Strength 9 AM Fitness 10:30 AM Chair Pilates 1:15 PM	Zumba Gold 10 AM Line Dancing 11:15 AM	Dance & Strength 9 AM Tai Chi 1:30 PM	
24	25	26	27	28	29
Strength Training 9 AM Zumba Gold 10 AM Mall Walk 12 PM (Southland Mall) Chair Yoga 2 PM	Friendsgiving Luncheon 12 PM	Fitness 10:30 AM Chair Pilates 1:15 PM			
1	2	3	4	5	
		 Comedy & Cocoa 1 PM			

Please be advised that two or more Council Members may be in attendance.

To register, please visit <https://myactivecenter.com/activities/5899:1>. For questions, please contact Paola Perez at (786) 205-5427 or email at pperez@cutlerbay-fl.gov.

All classes will be at Franjo Park | 20175 Franjo Rd. Cutler Bay, FL except classes coated in **ORANGE**

Classes marked with this color will be held at the location listed below:

Cutler Bay Town Center | Council Chambers (1st floor)

10720 Caribbean Blvd. Cutler Bay, FL